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UPPER ENDOSCOPY (EGD) INSTRUCTIONS

1. Do not eat or drink after midnight the night before your procedure.
2. If you are taking Blood Pressure medication, you may take it with a sip of water 3 hours before your procedure.
3. If you are taking anticoagulants such as Coumadin, Warfarin, Heparin, or Aspirin, please notify your physician and stop 5-7 days before your procedure.
4. Please plan to arrive at the arrival time listed below unless instructed otherwise by the DDC.
5. You must plan to have an adult drive you home after the procedure, due to effects from the sedation that will be administered.
6. Please leave all valuables and jewelry at home, except for your health plan card and ID cards.

Procedure Date: _____

Arrival Time: _____

Pick-up Time: _____